

How to Reset your Password

Follow the steps below if you have forgotten your password or need to reset your password.

Step 1: Navigate to the login page by clicking on the link titled “login” in the top menu on the SoulFriends home page.



Step 2: Click on the link titled ‘Help’.

If you have forgotten or need to change your password or userid, click [Help](#)

Step 3: Enter your email address and answer the random question. The question is intended to foil the netbots.

Lost Password Recovery Form

If you have forgotten your username or password, you can request to have your username emailed to you and to reset your password. When you fill in your registered email address, you will be sent instructions on how to reset your password.

Email Address:

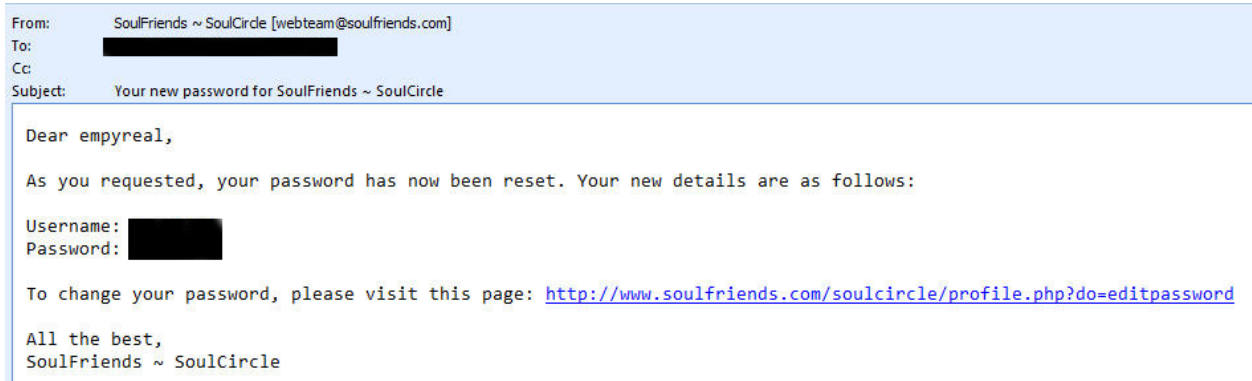
Random Question: What is the Irish saying for SoulFriend? (answer: anam cara)

[Request Username / Password Now](#)

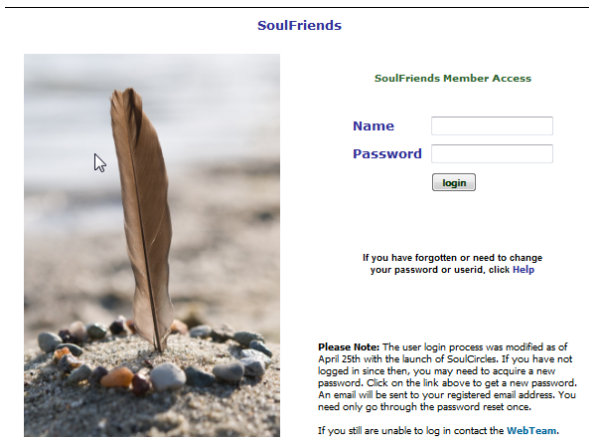
Step 4: A message will be sent to your registered email address. Inside the message is a token to confirm your email address. Click on the token link in the message. This will tell SoulFriends you received the message and will trigger a reset of your password.



Step 5: A second message will be sent to your email address. Inside the message you will find your username and a new password.



Step 6: Log into SoulFriends using your new password and existing username.



Step 7: After logging into SoulFriends, you will be taken to the Member Portal page. On that page is an option to 'change your Password'. We suggest you choose a safe and secure password (7 characters with a upper case letter and a symbol and a number).

my Profile

[view my SoulSage profile](#)

[update my SoulSage Profile](#)

[update my SoulCircle profile](#)

[update my Contact Info](#)

[change Email/ Password](#)

